



DAVID D. RICHARDSON, MD, INC.

DAVID RICHARDSON, M.D. • SAN MARINO EYE

2020 Huntington Drive
San Marino, CA 91108

Telephone: (626) 289-7856
Fax: (626) 284-6532

What To Bring With You

EASY PACKING LIST

FOR YOUR EYES

- Sunglasses, preferably with UV protection;
- glasses or contact lenses if you wear them;
- medications, including vitamins; let us know whether you're on any medications;
- eyedrops if you use them.

DOCUMENTS

- Medical record. Secure a copy from your eye doctor;
- a picture ID (driver's license or other ID);
- travel insurance card/paper;
- filled up forms included in our welcome packet;
- any pre-op medical clearance requested by Dr. Richardson. Your internist or family physician will need to clear you for surgery. You may need a blood test, EKG, and physical exam. These assessments typically must be completed at least one week — but not more than one month — prior to surgery;
- a list of your prescription medications;
- phone book/calling cards of people to call and their phone numbers;
- a notepad or journal and pen or pencil;
- contact number of our office;
- contact number where you have arranged accommodation, transfer, etc.

TECHNOLOGY

- Your Ipod, MP3 player with your favorite music. You can request Dr. Richardson to play your favorite music during surgery!



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- Video camera, camera, and extra batteries. You might find it irresistible to take souvenir photos or videos of all the wonderful sights you'll see with your renewed vision!
- Your cell phone and charger or, if you'll be using a public phone, a prepaid phone card. Make sure the roaming function of your phone is activated.

OTHER ITEMS

- A picture of someone or something you love, anything you find reassuring.
- Comfortable shoes and a few changes of comfortable clothes suitable for the weather
- Money (cash), ATM card and/or travelers cheque
- Toiletries. Hotels and inns usually provide soap, shampoo, and lotion, but you might prefer your own.
- Makeup. Although you will not be allowed to wear makeup a few days after surgery, you will most likely use it before and several days after surgery
- Aromatherapy items, if you have a favorite scent that relaxes you

Online Version:

<http://david-richardson-md.com/patient-guide/patient-travel-guide>